



Conscious Leadership Program

Bridging Western and Eastern Wisdoms

A Transformative Journey for CEOs & Managers

UniOne

Overview

In today's fast-paced, complex world, leaders face unprecedented challenges—from technological disruption and economic uncertainty to geopolitical instability and climate change. This environment can lead to stress, burnout, and confusion.

The **UniOne Conscious Leadership Program** is designed for CEOs and Managers across the private, public, and not-for-profit sectors who seek to lead with clarity and purpose, mastering both personal growth and organizational change. This training focuses on conscious leadership, which involves having a clear sense of direction and purpose while navigating complexity. A conscious leader remains centered and calm, unaffected by external challenges.

This unique training blends modern Western leadership principles, as taught by Harvard's Ronald Heifetz on Adaptive Leadership, with the ancient wisdom of Vedantic philosophy from India, helping participants develop inner strength, self-awareness, and purpose.



Who is it for

This program is designed for CEOs & Managers across various sectors aiming to:

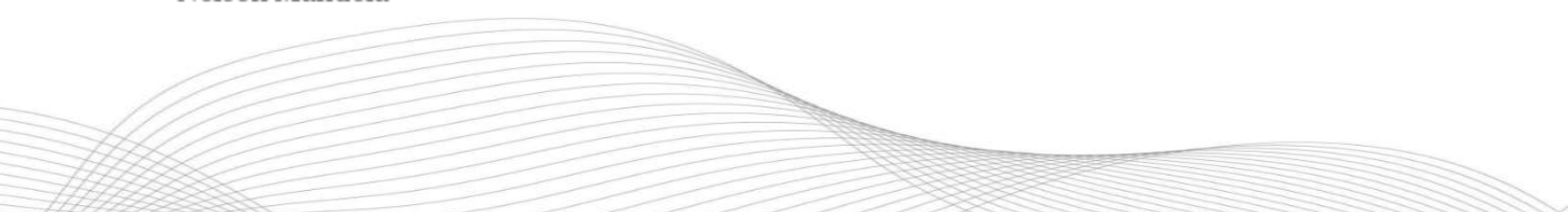
- **Lead with a sense of purpose** aligned with the larger mission of their organization.
- **Cultivate self-mastery**, understanding one's system of internal forces and shadows that influence decision-making.
- **Navigate complexity with clarity**, using the Self as a tool to lead change in organizations.
- **Strengthen leadership skills** through deep inner work.

What You Will Learn

Participants will embark on a journey of personal and professional growth, gaining:

- Insight into the **Self** as a system, exploring desires, aversions, and finding inner calm.
- Tools to align personal purpose with organizational goals, learning how to **mobilize the Self** to lead change.
- Practical applications of **Adaptive Leadership**, diagnosing and mobilizing systems effectively.
- Understanding of **Vedantic Teachings** on purposeful growth and action (dharma and karma), and self-mastery to foster resilience and focus in leadership.
- **Yogic practices** to develop mental clarity, focus and emotional resilience.

'During negotiations, I realized that changing others was impossible until I transformed myself.'
Nelson Mandela



Methodology

The **UniOne Conscious Leadership Program** utilizes a holistic and experiential approach that blends Western and Eastern teachings. The methodology is built on **four key pillars**:

1. **Adaptive Leadership Framework:** Drawing from Ronald Heifetz's work, participants learn to diagnose organizational systems, identify key actors, and navigate complex dynamics. This is coupled with personal reflection on how their inner Self interacts with these external systems.
2. **Vedantic Teachings:** Participants explore key principles of Vedanta. This includes a deeper understanding of the law of cause and effect (Karma)-the practice of purposeful growth (dharma) , and self-mastery. These teachings are applied to leadership, guiding participants to lead with clarity, purpose, and compassion.
3. **Interactive Learning:** The program includes dynamic group discussions, case studies, and personal reflection exercises to integrate both leadership and Vedantic principles into real-world challenges.
4. **Yogic Practices:** The use of **breath work, gentle movement and energy work** to cultivate focus, manage stress, and gain mastery over the mind and emotions, enabling participants to lead from a place of inner calm and confidence.

“Find purpose. The means will follow”
Mahatma Gandhi



Training Structure & Schedule

The program, designed in partnership with [Philosophie & Management](#) and [Discover Vedanta](#), runs over **five months**, combining online and in-person sessions blending Vedantic teachings with Adaptive Leadership principles.

- **5 Onsite Sessions** (*which will be recorded and will be available online for those who cannot participate in-person*): Leadership and change management practices inspired by both Western and Eastern philosophies, led by Laurent Ledoux and Simone Rave. Location: Close to the European Commission).
- **2 Online Sessions**: Wisdom teachings from Vedanta on Karma and Dharma, led by Neema Majmudar and Surya Tahora.

Session Preliminary Dates

Note: The dates below are indicative at this stage: at this stage, we propose to hold these sessions on Sunday's afternoons. But we are ready to change this based on the preferences of the persons interested in registering for this program.

Onsite, recorded, sessions in Brussels (all 10:00 - 13:00)

- Session 1: March 30th
- Session 2: May 18th
- Session 3: June 15th
- Session 4: July 6th
- Session 5: September 21st

Online sessions with Neema & Surya

- Session 1 on Karma: Between May-June; after the second session and before the third session; date to be confirmed
- Session 2 on Dharma: Between June-July; after the third session and before the fourth session; date to be confirmed

Price

Full training program: EUR 2,000 (excl. VAT; 20% discount for two registrations)

Contact Us

For more information, contact Laurent at laurent@unione.house.

“The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.”
Dr. Martin Luther King, Jr.

Instructors



Laurent Ledoux

Laurent is the founder and Chairman of [Equis](#), specializing in collaborative governance and societal impact projects. He also co-founded [UniOne Academy](#) and manages the association [Philosophy & Management](#). He has held executive roles in both public and private sectors, including CEO of the Belgian Ministry of Transport. With expertise in leadership, ethics, and governance, Laurent integrates modern leadership approaches with a passion for Vedantic wisdom.



Simone Rave

Simone has over 20 years of professional experience. She is an accredited coach with in-depth experience in organizational change and leadership development. She is skilled in participatory leadership and has profound knowledge of the yoga philosophy and teaching (RYT® 500), while feeling deeply passionate to bringing together ancient wisdom and modern leadership practices to inspire personal growth and transformation.



Neema Majmudar

Based in Mumbai, Neema is an experienced teacher of Advaita Vedanta with a background in international development. She brings over 20 years of teaching experience and a deep understanding of integrating Eastern wisdom with modern life. Her focus is on helping people make profound shifts in their personal and professional lives through the lens of Vedanta. Together with Surya Tahora, she founded [Discover Vedanta](#).



Surya Tahora

Surya combines a business background with extensive studies in Eastern philosophy, meditation, and leadership. He teaches at the [SP Jain Institute of Management and Research](#) and conducts seminars globally. Surya's teachings focus on applying Vedantic principles to leadership development, personal growth, and navigating complexity in the modern world. Together with Neema Majmudar, he published "[Living the vision of Oneness](#)" which expounds ways by which the vision of Bhagavad Gita and Vedanta can be utilized in life.

Transformational Leadership Awaits You.

Join us to lead from a place of purpose, peace, and inner clarity.