

Unione

ELEVATING CONSCIOUSNESS, FOSTERING PEACE, EMBRACING FREEDOM

**Contribution by Moses Garelik & Laurent Ledoux to
Spirituality & Business in the Anthropocene Era**

The 20th Anniversary Conference of the European SPES Institute

Corvinus University of Budapest

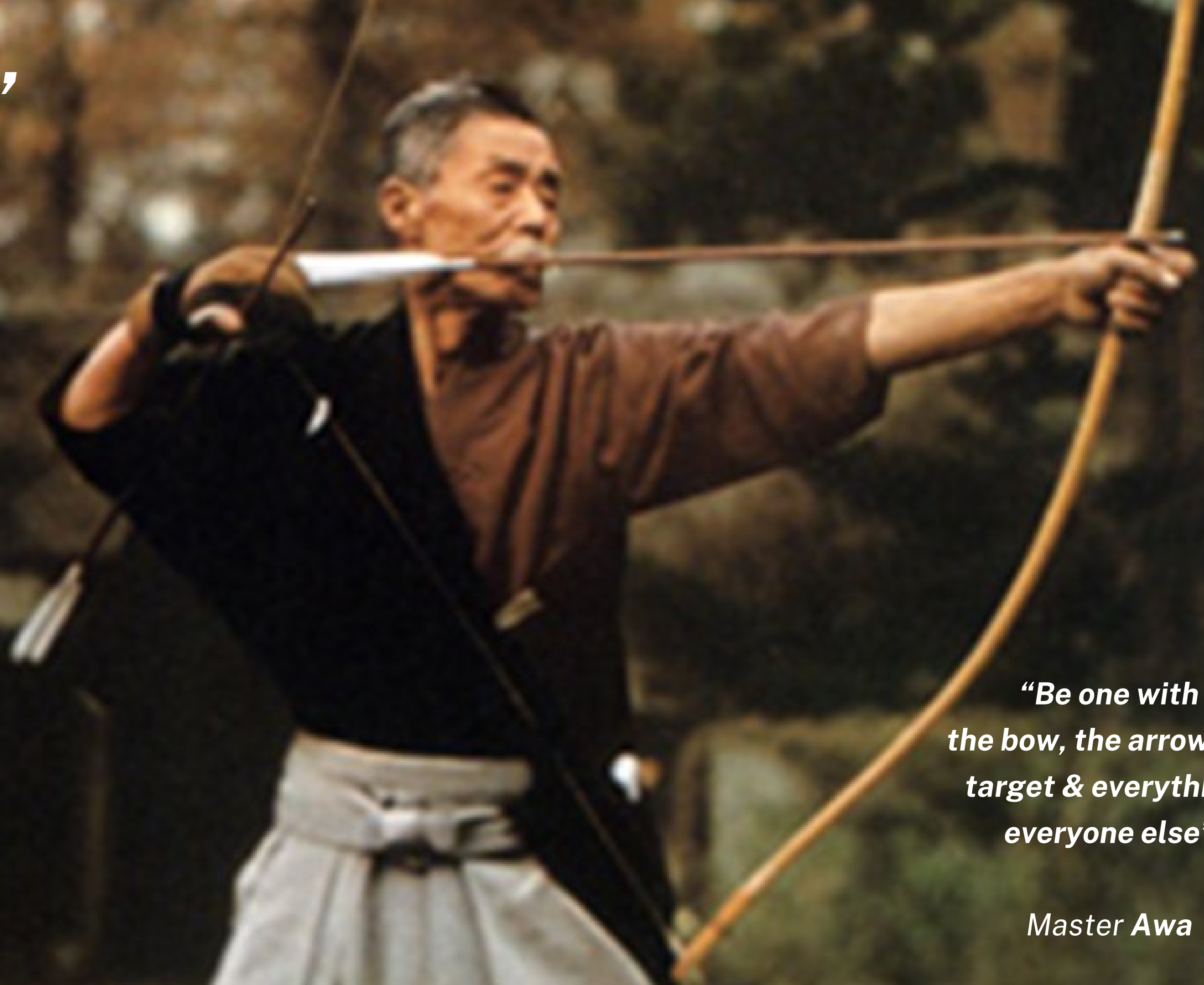
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Always starting with
Silence



“It shoots”



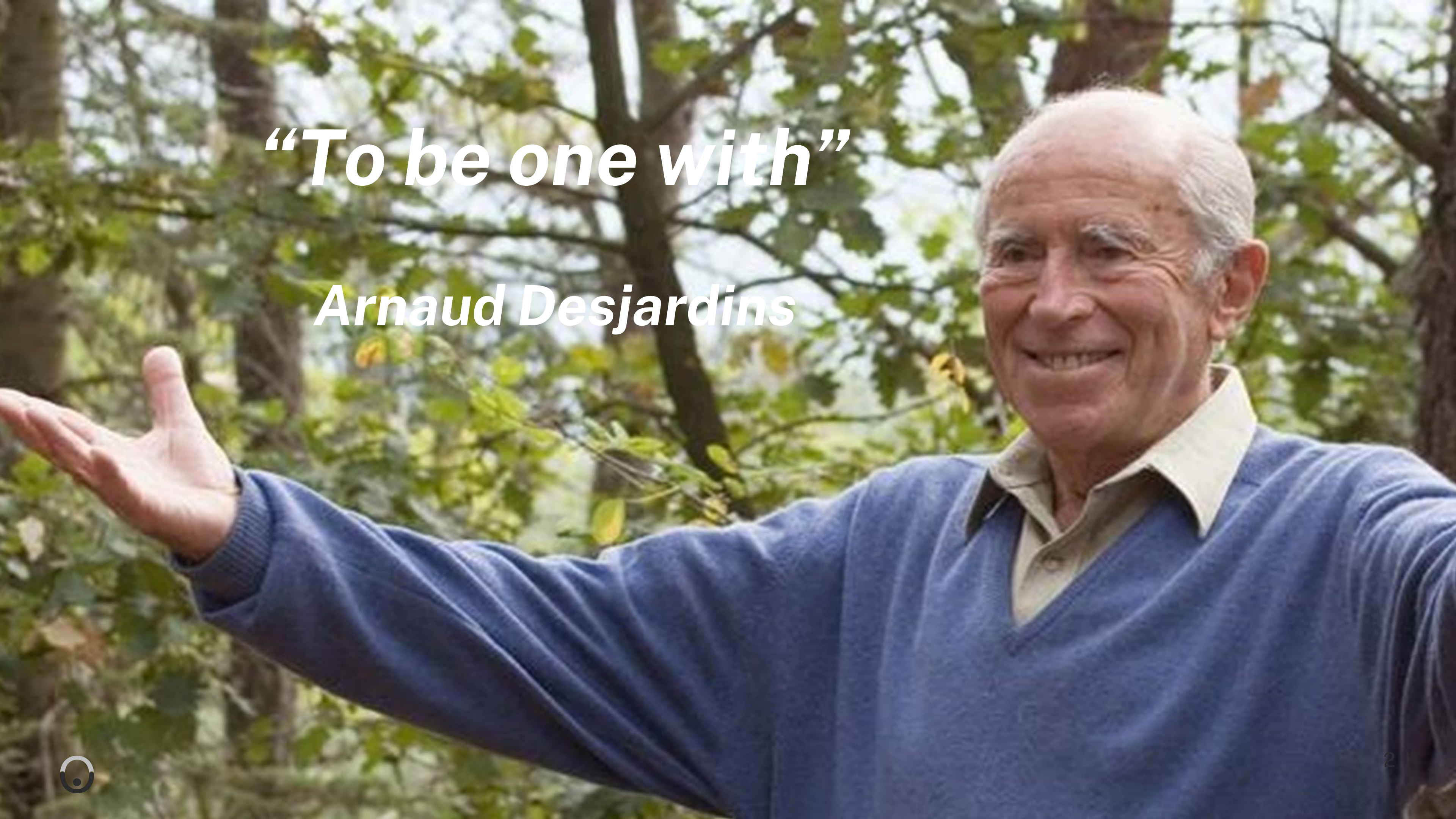
***“Be one with
the bow, the arrow, the
target & everything,
everyone else”***

Master Awa



“To be one with”

Arnaud Desjardins





UniOne



UNIONE'S JOURNEY: FROM ME TO I TO ALL

ME

Emotional response
Instinctive reaction
Impulsive
Fight/Flight/Freeze/Fawn
Competitive - ME vs YOU
Fear
Reactor

I

Aware
Conscious
Present
Flow/Calm
Serenity/Harmony
Love
Creator

ALL

Transcendance



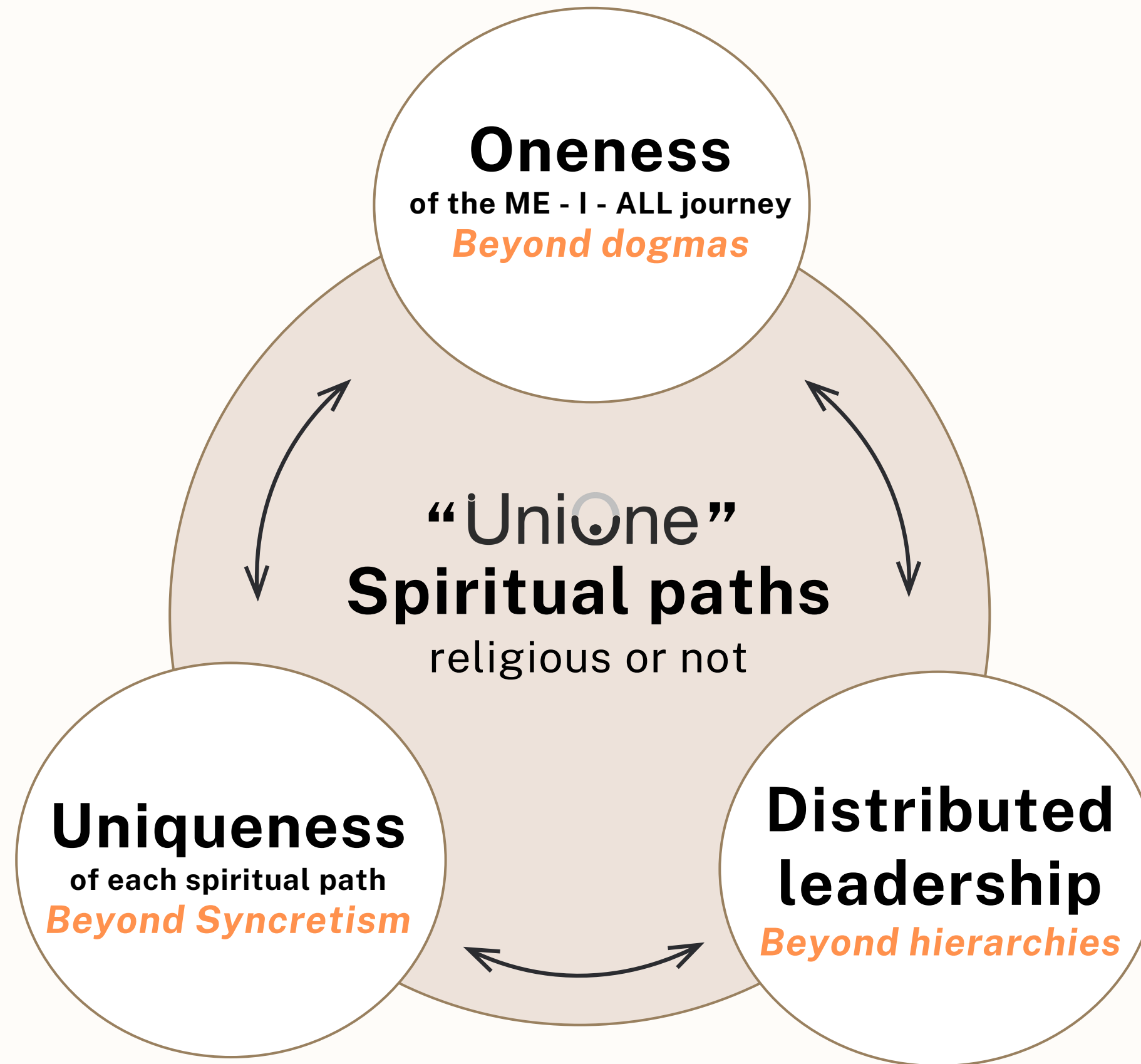
WE RESONATE WITH SPES'S VIEW ON SPIRITUALITIES

“We understand spirituality as people’s multiform search for meaning interconnecting them with all living beings and to God or Ultimate Reality.

Within this definition there is room for differing views, for spiritualities with and without God and for an ethics of dialogue”



THE UNIONENESS OF SPIRITUAL PATHS



UNIONE'S STAGE 1

TRAINING EASERS & ORGANIZING CIRCLES

- No hierarchy
- Everybody can be trained to become an easer
- Currently 50 easers & circles across the world



UNIONE'S STAGE 2 ORGANIZING CULTURALLY AWARE LEADERSHIP PROGRAMS

- All programs cultivating UniOneness values:
 - **S**elf-awareness
 - **P**resence
 - **I**ntegrity
 - **R**esonance
 - **I**nclusivity
 - **T**ransformation
- Anchored or not in unique spiritual paths



UNIONE'S STAGE 3 HEALING & TRANSFORMATIVE SPACES

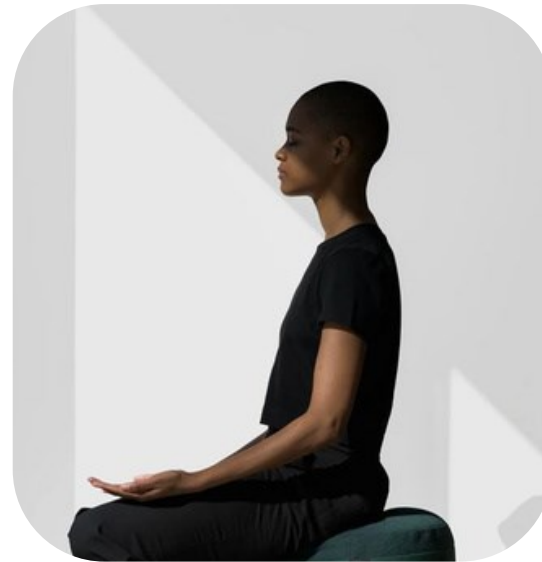
*“All”
floor*



Closed Silent space
Garden nature, open air

“I” floor(s)

the joy
of being



Rooms of 1, 4, 10, 20, to 50
Meditation, mindfulness

*“Me”
floor(s)*



Coworking, Coliving, Airb&b
Gym, Wellness
Exhibitions: Art, Latest conscious technology,
Theater, Events/conference hall, Digital library

Retail stores: Food (grocery, supermarket,
farmers market), Clothing, Furniture, Tech,
Cafeteria/restaurants



UNIONE

A FEW SAMPLES OF SOME OF OUR PRACTICES





5 steps
from Being to Doing



1

Etzem

Essence / Being / I am



2

Atzilus

Emanation



3

Brion

Creation



4

Yetziroh

Formation



5

Asiyoh

Manifestation / Doing



3 ancient practical solutions

**to shift Self
into an I state**



1

Neshamah

Neshimah

Soul

Conscious breath

INTENTIONAL DEEP BREATH



2

Asarah Sheyoshvin – Shechinah

Circle in Person

Experiencing Collective Presence



3

Shabbat

Create moments free of technology





SHALOM

Inner & Outer Peace

Clarity and Balance



Unione

Thank you!

**We look forward to your
feedback & collaboration**

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UNIONE'S INSPIRATORS

When spirituality meets business

Moses Garelik

With his visionary insights and commitment to unity, Moses serves as a guiding light inspiring others to embrace a path of spiritual awakening and transformation. Committed to initiatives worldwide that elevate human consciousness, Moses works with individuals and groups to co-create experiences dedicated to binding the threads that connect us as one, recognizing the uniqueness within everyone as a piece of the universal whole.

Laurent Ledoux

Through his unwavering commitment to unity, Laurent is actively forging the pathways for organizations to contribute to the betterment of our world. With 25 years experience managing large organizations, he now accompanies both market and non-market entities, as well as private and public sectors, to implement collaborative governance or distributed leadership approach. Laurent's influence extends across Europe.

