

# OUR MISSION

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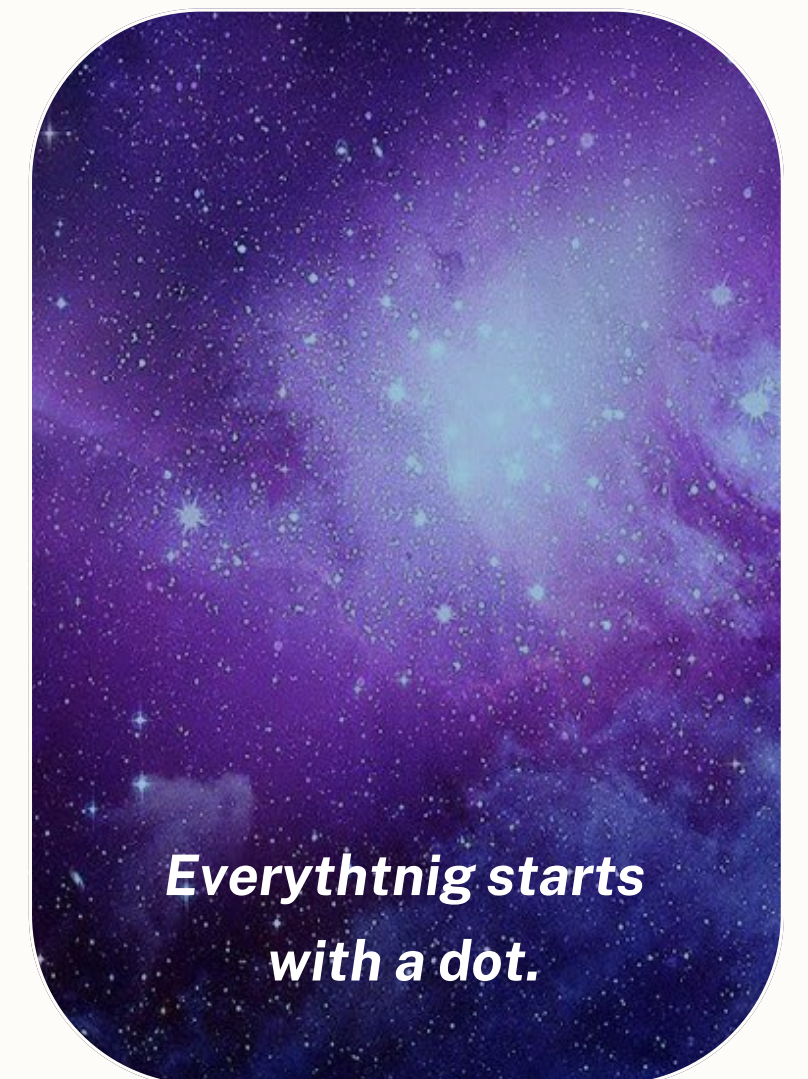
To provide **healing and transformative processes & spaces across the world**, fostering access for all to a higher state of consciousness, for peace and freedom.

## Why?

Because, while we face current exceptional ecological, economic and political challenges, a growing number of people from all over the world are attempting to live more consciously and are **looking for dogma-free processes and peaceful places** where they can take care of themselves, meet, work and live.

Because, whether we are business, political or civil-society leaders, or simple citizens, we all can benefit from the inner strength consciousness gives, vital to take on courageously 2 fundamental and mutually reinforcing challenges:

- Change our economies and business operations to become **ecologically sustainable and socially inclusive**;
- Reassert our **democratic values** to fend off the rise of autocratic regimes.



# OUR PROCESSES & SPACES

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Our processes (circles, 1to1 coaching,...) & spaces (centers & app) are designed to strengthen each of us, individually and collectively in our **“Me-I-All” journey**. They are supported by our worldwide group of **“easers”**.



## Me

The reacting ego

Driven by fears and self-centered needs, we experience separateness and duality with others and everything around us.  
We react to change.



## Conscious I

The creating individual

Recognizing both the uniqueness of each being and our common humanity, we experience calm and unity.  
We initiate change.



## All

The dissolved I into the All

In this state, our conscious I is dissolved into the whole of reality. We are fully one with the All.  
We experience Oneness.  
We are one with the change.

# OUR VALUES & POLICIES BASED ON A DOGMA-FREE PHILOSOPHY

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All our activities are inspired by **millenary wisdoms from all over the world** having stood the test of time. They are **experience-driven** (not requiring any adherence to beliefs or dogma) and **inclusive** (no human being or group is excluded, as long as they do not exclude others).

At the same time, we are firm on the R.E.S.P.E.C.T. of our **values**, which are **translated into internal policies** that both staff and members are invited to honor at all time:

## Our values

1. Respect
2. Empathy
3. Sustainability
4. Peace
5. Enthusiasm
6. Consciousness
7. Transparency



## Our policies

1. Equality & Non-Discrimination
2. Full inclusivity
3. Respect for nature
4. Safety & Security
5. Nothing imposed
6. No alcohol, nor substances
7. Collaborative governance & clear reports

# OUR VALUES DETAILED – R.E.S.P.E.C.T.

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- **Respect**

UniOne honor the uniqueness, dignity, diversity & rights of all individuals.

- **Empathy**

UniOne cultivate a deep understanding and sensitivity to the feelings, thoughts, and experiences of others, guiding interactions and decision-making processes with full inclusivity and ensuring that we all approach every situation with compassion and a genuine desire to understand diverse perspectives. While UniOne invite all its members and visitors to adopt as much as possible a non-ego driven attitude, an ego-friendly culture will also be encouraged: adequate empathy towards the ego is a condition for it to let go and ease spiritual growth.

- **Sustainability**

UniOne strive to be environmentally responsible and sustainable in UniOne practices.

- **Peace**

UniOne commit to non-violent communication & conflict resolution.

- **Enthusiasm**

UniOne celebrate at all time lively, joyful and creative energy fueled by peace and consciousness, driving all to act and channeled through individual responsibility, which consists of looking after the enthusiasm of others as much as our own.

- **Consciousness**

UniOne encourage consciousness in thought, speech, action and movement, striving at all time to foster higher states of consciousness through the continuous pursuit of knowledge and wisdom to elevate individual and collective understanding and well-being.

- **Transparency**

UniOne commit to openness, honesty, and clarity in all their communications, activities and operations.

# OUR INTERNAL POLICIES DETAILED – R.E.S.P.E.C.T.

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In order to ensure the respect of each of UniOne core values, and to support UniOne practices and rituals, UniOne implement a minimal set of internal policies that both staff and visitors are be invited to honor at all time.

- **Equality & Non-Discrimination (Respect):**

UniOne does not tolerate discrimination based on race, gender, age, religion, sexual orientation, or any other characteristic.

- **Full inclusivity (Empathy)**

UniOne opens its doors and main activities to people of all backgrounds, beliefs, and cultures, regardless of their financial means.

- **Respect for nature (Sustainability)**

UniOne strives to design its activities to be environmentally sustainable and helps members and visitors engage in sustainable practices while at a UniOne center.

- **Safety & Security (Peace)**

UniOne does not tolerate threatening behavior, harassment, or any form of violence.

- **No imposition (Enthusiasm):**

In UniOne, nothing is imposed except openness to an earnest dialogue. UniOne takes great care of inviting or suggesting instead of imposing. At the same time, all members and visitors are responsible for the respect of UniOne values, practices & rituals, which are properly communicated to all. When they are not respected, members and visitors are first invited to engage in an open dialogue with staff members and/or other members/visitors ; if a person persists in not respecting UniOne values, he/she will be asked to leave.

- **Alcohol & Substance Policy (Consciousness):**

UniOne does not tolerate the use of alcohol or non-prescribed drugs in its premises.

- **Easy access to all information (Transparency):**

UniOne ensures that everything that is known by one person concerning its activities must be enabled to be known by all in the most direct and simple way possible. In other words, nothing is obscured, opaque or complicated. Hereby, UniOne not only foster trust & accountability, ensuring that their actions consistently reflect UniOne values but also welcomes any feedback to improve the quality of their activities. Of course, this does not prevent to respect privacy and to ensure that personal matters remain strictly confidential.



**Connect. Relax. Breathe. Transcend.  
Elevate your consciousness to deepen your impact.**

UniOne